

# Grŵp Trawsbleidiol ar Diabetes Cross Party Group on Diabetes

02.04.25. 12:30 – 13:30

Minutes | Munudau

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**Cadeirydd | Chair:** Dr Altaf Hussain MS  
**Is Cadeirydd | Vice Chair** Joel James MS  
**Ysgrifennydd | Secretary:** Diabetes UK Cymru, Mathew Norman, Deputy Director

**Agenda:**

Time   Amser	Pwnc	Topic
12:30	1. Cyflwyniadau ac ymddiheuriadau	1. Introductions and apologies
12:35	2. Materion yn codi o'r cyfarfod ym mis Tachwedd 2024	2. Matters arising from the November 2024 meeting.
12:45	3. Y wybodaeth ddiweddaraf gan Llais, Ben Eaton ac Roxanne Treacy	3. Latest from Llais, Ben Eaton and Roxanne Treacy.
13:10	4. Q&A	4. H&A
13:20	5. Y Newyddion Diweddaraf gan DUK Cymru	5. Updates from DUK Cymru
13:25	6. UFA	6. AOB
13:30	7. Cau	7. Close

**1. Cyflwyniadau | Introductions (5 min)**

<ul style="list-style-type: none"> <li>Ymddiheuriadau</li> </ul> <p>Llyr Gruffydd MS            Vanessa Goulding            Sopina Ahmed            Necia Jones            Joanne Oliver</p> <ul style="list-style-type: none"> <li>Cyflwyniad cyflym gan fynychwyr.</li> </ul> <p>Yn yr ystafell:</p> <p>Kiran Mahal - Dexcom            Kris Ward - Dexcom            Rob Lee – Vice Chair Patient Reference Group            Rachel Burr – DUK Cymru            Mathew Norman – <b>Secretariat</b>            Dr Altaf Hussain MS – <b>Chair</b>            Lee Gonzalez – Office of Joel James MS</p>	<ul style="list-style-type: none"> <li>Apologies:</li> </ul> <p>Llyr Gruffydd MS            Vanessa Goulding            Sopina Ahmed            Necia Jones            Joanne Oliver</p> <ul style="list-style-type: none"> <li>Quick introduction by attendees.</li> </ul> <p>In the room:</p> <p>Kiran Mahal - Dexcom            Kris Ward - Dexcom            Rob Lee – Vice Chair Patient Reference Group            Rachel Burr – DUK Cymru            Mathew Norman – <b>Secretariat</b>            Dr Altaf Hussain MS – <b>Chair</b>            Lee Gonzalez – Office of Joel James MS</p>
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<p>Ar-lein:</p> <p>Ben Eaton – Llais          Joanne Oliver – NHS Wales          Kate Rhodes – Clinical Psychologist          Dr Lisa Marie Morris          Ross Evans – Kidney Wales          Roxanne Treacy – Llais          Tess Saunders – RCPOD          Lisa Davies – NHS</p>	<p>Online:</p> <p>Ben Eaton – Llais          Joanne Oliver – NHS Wales          Kate Rhodes – Clinical Psychologist          Dr Lisa Marie Morris          Ross Evans – Kidney Wales          Roxanne Treacy – Llais          Tess Saunders – RCPOD          Lisa Davies – NHS</p>
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**2. Materion yn codi o'r cyfarfod ym mis Tachwedd 2025. | Matters arising from the November 2025 meeting. (10 min)**

<p><b>Diweddariad:</b> Fe wnaeth y grŵp anfon ddiolch i Weithrediaeth y GIG am eu datganiad a gynhaliwyd cyfarfod i egluro'r ddau fater a godwyd yn y cyfarfod y grŵp diwethaf. Mae'r Cadeirydd yn hapus fod y mater hwn wedi ei datrys ac anfonwyd llythyr o ddiolch i'r grŵp cyfeirio cleifion.</p> <p><b>Diweddariad:</b> I'r Cadeirydd a'r Aelodau ystyried gofyn i Lais gyflwyno yng nghyfarfod cyntaf y grŵp yn 2025. (yn siarad heddiw)</p> <p><b>Diweddariad:</b> Y Grŵp i ysgrifennu at Ysgrifennydd y Cabinet dros Iechyd a Gofal Cymdeithasol ar yr Achos Busnes ar gyfer Gwasanaethau Seicolegol i Oedolion yng Nghaerdydd a'r Fro. (Rhannwyd llythyr gan y grŵp ac Ymateb gyda'r papurau hyn)</p> <p><b>Diweddariad:</b> Ifar yn Eglwys Norwyaidd.</p>	<p><b>Update:</b> CPG thanked the NHS Executive for their statement meeting was held to clarify the two matters raised in the last meeting. Item satisfied by the Chair to be resolved and letter of thanks sent to the patient reference group.</p> <p><b>Update:</b> For the Chair and Members to consider requesting Llais to present at the first CPG meeting in 2025. <b>(speaking today)</b></p> <p><b>Update:</b> CPG to write to the Cabinet Secretary for Health and Social Care on the Business Case for Adult Psychological Services in Cardiff and Vale. (Letter from the CPG and Response shared with these papers)</p> <p><b>Update:</b> Iftar at the Norwegian Church.</p>
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**3. Y wybodaeth ddiweddaraf gan Llais, Ben Eaton ac Roxanne Treacy | Latest from Llais, Ben Eaton and Roxanne Treacy. (25 min)**

<ul style="list-style-type: none"> <li>• Cyflwyniad gan Llais</li> </ul>	<ul style="list-style-type: none"> <li>• Presentation from Llais</li> </ul>
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	<p>Ben granted a detailed overview of Llais' history. Noting that it was established in 2023 with 7 regional directors and 11 officers working with health and social providers over the next 3 years to improve patient voice.</p> <p>Roxanne gave an overview of diabetes data collected by Llais. Noting matters such as:</p> <p>Problems Accessing GPs, Long Waiting times for treatment and annual check ups, pressures on services, services to live well limited, issues regarding accessing regular blood tests, information regarding living with diabetes not available or regular, stigma – feeling like it is their fault that they have diabetes (especially for people living with type 2 diabetes), hearing impaired services, long waiting times for retinopathy appointments, cancelled appointments, misdiagnosis, access to treatment barriers, blood sugar monitoring services with some paying out of pocket.</p>
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#### 4. Holi ac Ateb| Q & A (10 min)

<ul style="list-style-type: none"> <li>O'r Cyflwyniad a'r drafodaeth yn dilyn Cyfraniadau Llais.</li> </ul> <p>Gofynnodd Dr Altaf Hussain AS a oedd unrhyw wahaniaeth cyn y pandemig ac ar ôl pandemig ac a oedd yr amseroedd aros a'r pryderon a godwyd yn gysylltiedig â phwysau cynyddol ar y GIG. Yn enwedig o ran trychiadau a chymorth i bobl ar y rhestr aros.</p> <p>Bydd Llais yn cysylltu â Dr Altaf gyda'r newyddion diweddaraf.</p> <p>Gofynnodd Mathew o DUK a oedd unrhyw ddata ynghylch mynediad at dechnoleg diabetes. Dywedodd Llais y byddai hwn yn</p>	<ul style="list-style-type: none"> <li>From the Presentation and discussion following Llais Contributions.</li> </ul> <p>Dr Altaf Hussain MS asked whether there was any difference pre pandemic and post pandemic and whether the waiting times and the concerns raised are linked to increased NHS pressures. Especially concerning amputations and support for people on the waiting list.</p> <p>Llais will get back to Dr Altaf with an update.</p> <p>Mathew from DUK asked if there was any data concerning access to diabetes technology. Llais stated that this would be</p>
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<p>chwiliad gwahanol o dan ddigidol a byddai'n dod yn ôl at y Grŵp Trawsbleidiol.</p> <p>Gofynnodd Rob Lee am unrhyw ffigurau wedi'u diweddarau ar y cynnydd yn nifer y plant sy'n byw gyda diabetes math 2 ac a oedd unrhyw broblemau gyda chael mynediad at wasanaethau.</p> <p>Dywedodd Llais y byddant yn adolygu ac yn dod yn ôl at y Grŵp Trawsbleidiol ar hyn.</p> <p><b>Camau gweithredu: Bydd y Grŵp Trawsbleidiol yn ysgrifennu at Ysgrifennydd y Cabinet dros Iechyd a Gofal Cymdeithasol yn gofyn am y wybodaeth ddiweddaraf am waith Llywodraeth Cymru i wella gofal i bobl sy'n byw gyda diabetes.</b></p> <p><b>Camau gweithredu: Dilyn ystadegau gan Lais gyda chais i rannu cyflwyniad.</b></p>	<p>a different search under digital and will come back to the CPG.</p> <p>Rob Lee asked regarding any updated figures on the increase of children living with type 2 diabetes and whether there any problems with accessing services.</p> <p>Llais stated that they will review and come back to the CPG on this.</p> <p><b>Action: CPG to write to Cabinet Secretary of Health and Social Care asking for an update on the Welsh Government's work to improve care for people living with diabetes.</b></p> <p><b>Action: Follow up stats from Llais with request for presentation to be shared.</b></p>
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**5. Y Newyddion Diweddaraf gan DUK Cymru | Updates from DUK Cymru (10 min)**

<ul style="list-style-type: none"> <li>• Llwyddiannau Diweddar</li> <li>• Ymgyrchoedd sydd ar ddod</li> <li>• Diweddariadau Cyffredinol</li> </ul> <p>Rhannodd Rachel Burr o DUK y canlynol:</p> <ul style="list-style-type: none"> <li>• Gwaith parhaus DUK ar stigma</li> <li>• Cefnogi pobl sydd newydd gael diagnosis o ddiabetes gyda gwybodaeth a chefnogaeth</li> <li>• Boreau coffi</li> <li>• Yr ystadegau 1 mewn 5 newydd, gan nodi bod dros 500,000 o bobl yng Nghymru bellach yn byw gyda diabetes a chyn-diabetes ac mewn perygl o hynny.</li> <li>• Gwaith adroddiad technegol.</li> <li>• Rhaglen TT1 a gwaith gydag arweinwyr ifanc a gwirfoddolwyr.</li> </ul>	<ul style="list-style-type: none"> <li>• Recent Successes</li> <li>• Upcoming Campaigns</li> <li>• General Updates</li> </ul> <p>Rachel Burr from DUK shared the following:</p> <ul style="list-style-type: none"> <li>• DUK ongoing work on stigma</li> <li>• Supporting newly diagnosed living with diabetes with information and support</li> <li>• Coffee mornings</li> <li>• The new 1 in 5 stats, noting that there are now over 500,000 people in Wales living with and at risk of diabetes and pre-diabetes.</li> <li>• Tech report work.</li> <li>• TT1 programme and work with young leaders and volunteers.</li> </ul>
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## 6. AoB (5 min)

<ul style="list-style-type: none"><li>• Mae Wythnos Atal Diabetes Math 2 yn cael ei chynnal o ddydd Llun 26ain o Mai tan ddydd Sul yr 1af o Fehefin.</li><li>• Wythnos Diabetes Dydd Llun 9fed o Fehefin i Ddydd Sul 15fed o Fehefin.</li></ul>	<ul style="list-style-type: none"><li>• Type 2 Diabetes Prevention Week is taking place Monday 26<sup>th</sup> of May to Sunday 1<sup>st</sup> of June</li><li>• Diabetes Week Monday 9<sup>th</sup> of June to Sunday 15<sup>th</sup> of June.</li></ul>
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## 7. Cau am 13:30 | Close for 13:30

<ul style="list-style-type: none"><li>• Dyddiad cyfarfodydd nesaf yn Gorffennaf 2025.</li><li>• Ewch ag unrhyw fwyd dros ben yn ôl gyda chi i'r swyddfa/cartref</li></ul>	<ul style="list-style-type: none"><li>• The next meeting in July 2025</li><li>• Take any left-over food back with you to office/home</li></ul>
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